

**Diocese of Lafayette  
Food & Nutrition Services**

**September 2010  
Lunch Menus**

|  |  |  |   |  |
|--|--|--|---|--|
| <p><b><u>Alternative method of payment:</u> Parents can make payments to your child's lunch bill @ <a href="http://www.schoolpaymentsolutions.com">www.schoolpaymentsolutions.com</a> (You will need ID #, not Point of Service # to complete transaction)</b></p> |  | <p><b>Wednesday<br/>Sept. 1, 2010</b><br/>Pepperoni Pizza<br/>Buttered Corn<br/>Italian Salad<br/>Sugar Cookie<br/>Choice of Milk</p>                                    | <p><b>Thursday<br/>Sept. 2, 2010</b><br/>Meatball Stew<br/>Rice &amp; Gravy<br/>Black-eyed Peas<br/>Whole Grain Roll<br/>Fresh Apple Wedges<br/>Choice of Milk</p>            | <p><b>Friday<br/>Sept. 3, 2010</b><br/>Turkey Ham &amp; Cheese Sandwich<br/>French Fries<br/>Stack of Trimmings<br/>Fresh Orange Wedges<br/>Chocolate Cake<br/>Choice of Milk</p>  |
| <p><b>Monday<br/>Sept. 6, 2010</b></p> <p align="center"><b>Labor Day</b></p>   | <p><b>Tuesday<br/>Sept. 7, 2010</b><br/>Chicken Quesadillas<br/>Chopped Lettuce &amp; Tomato<br/>Buttered Corn<br/>Chilled Applesauce<br/>Yellow Cake w/Icing<br/>Choice of Milk</p> | <p><b>Wednesday<br/>Sept. 8, 2010</b><br/>Pork &amp; Sausage Jambalaya<br/>Tomato Wedge Salad<br/>Whole Grain Roll<br/>Candied Yams<br/>Choice of Milk</p>               | <p><b>Thursday<br/>Sept. 9, 2010</b><br/>Beef Tacos<br/>Mexican Beans<br/>Chopped Lettuce &amp; Tomato Cup<br/>Fresh Orange Sections<br/>Cinnamon Knot<br/>Choice of Milk</p> | <p><b>Friday<br/>Sept. 10, 2010</b><br/>Fish Strips<br/>Macaroni &amp; Cheese<br/>Cucumber Salad<br/>Whole Grain Roll<br/>Fresh Grapes<br/>Choice of Milk</p>  |
| <p><b>Monday<br/>Sept. 13, 2009</b><br/>Meat Sauce &amp; Spaghetti<br/>Popeye Salad<br/>Whole Grain Roll<br/>Fresh Orange Sections<br/>Choice of Milk</p>  | <p><b>Tuesday<br/>Sept. 14, 2010</b><br/>Chicken Strips<br/>Macaroni &amp; Cheese<br/>Tossed Salad<br/>Whole Grain Roll<br/>Chilled Peaches<br/>Choice of Milk</p>                   | <p><b>Wednesday<br/>Sept. 15, 2010</b><br/>Hamburger on Bun<br/>French Fries<br/>Stack of Trimmings<br/>Chilled Fruit Cup<br/>Bread Pudding<br/>Choice of Milk</p>       | <p><b>Thursday<br/>Sept. 16, 2010</b><br/>Baked Chicken<br/>Rice &amp; Gravy<br/>Sweet Peas<br/>Whole Grain Roll<br/>Chilled Pears<br/>Choice of Milk</p>                     | <p><b>Friday<br/>Sept. 17, 2010</b><br/>Ham &amp; Cheese Chef Salad<br/>Veggie Soup<br/>Crackers<br/>Banana Half<br/>Chocolate Cake<br/>Choice of Milk</p>   |
| <p><b>Monday<br/>Sept. 20, 2010</b><br/>Chili Mac<br/>Seasoned Green Beans<br/>Whole Grain Roll<br/>Fresh Apple Wedges<br/>Chocolate Chip Cookie<br/>Choice of Milk</p>  | <p><b>Tuesday<br/>Sept. 21, 2010</b><br/>Country Steak<br/>Mashed Potatoes &amp; Gravy<br/>Fresh Baby Carrots<br/>Whole Grain Roll<br/>Spice Cake<br/>Choice of Milk</p>             | <p><b>Wednesday<br/>Sept. 22, 2010</b><br/>Hot Dog w/Chili on Bun<br/>Potato Rounds<br/>Tossed Salad<br/>Cubed Cantaloupe<br/>Yellow Cake w/Icing<br/>Choice of Milk</p> | <p><b>Thursday<br/>Sept. 23, 2010</b><br/>Chicken &amp; Sausage Gumbo<br/>Steamed Rice<br/>Potato Salad<br/>Whole Grain Roll<br/>Chilled Peaches<br/>Choice of Milk</p>       | <p><b>Friday<br/>Sept. 24, 2010</b><br/>BBQ Pork Patty on Bun<br/>Baked Beans<br/>Chilled Fruit Cup<br/>Oatmeal Cookie<br/>Choice of Milk</p>  |
| <p><b>Monday<br/>Sept. 27, 2010</b><br/>Red Beans &amp; Sausage<br/>Steamed Rice<br/>Garden Salad<br/>Cornbread Square<br/>Apple Upside Down Cake<br/>Choice of Milk</p>   | <p><b>Tuesday<br/>Sept. 28, 2010</b><br/>Beef Burrito<br/>Chopped Lettuce &amp; Tomato<br/>Fresh Orange Sections<br/>Sugar Cookie<br/>Choice of Milk</p>                             | <p><b>Wednesday<br/>Sept. 29, 2010</b><br/>Grilled Chicken on Bun<br/>French Fries<br/>Stack of Trimmings<br/>Fruited Jell-O<br/>Choice of Milk</p>                      | <p><b>Thursday<br/>Sept. 30, 2010</b><br/>Chicken Cheesy Pasta<br/>Seasoned Green Beans<br/>Whole Grain Roll<br/>Fresh Apple Wedges<br/>Choice of Milk</p>                    | <p align="center"><b>Menus Subject to Change.</b></p> <p align="center"><u>School Nutrition Association of Louisiana</u><br/><b>Mission Statement: To promote and serve the nutritional needs of Louisiana's children.</b></p> |

**Discrimination Statement:** In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.